## Knox County Schools Wellness Policy Assessment Tool

|   | Fully in<br>Place | Partially in Place | Not in Place | Review Date |  |
|---|-------------------|--------------------|--------------|-------------|--|
| Wellness Leadership   |                   |                    |              |             |  |
| Wellness policy leadership is established with one or<br>more LEA and/or school official(s) who have the<br>authority and responsibility to provide guidance and<br>support for school compliance with the policy.  | X                 |                    |              | 6/9/2021    |  |
| Public Involvement  |                   | 1                  |              |             |  |
| Participation is permitted by the general public and the school community (including parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, and school administrators) in the wellness policy process. | X                 |                    |              | 6/9/2021    |  |
| Public Updates  |                   |                    |              |             |  |
| The wellness policy is available publicly, including any updates to and about the wellness policy, on an annual basis, at minimum.  | X                 |                    |              | 6/9/2021    |  |
| The Triennial Assessment is available publicly.   | X                 |                    |              | 6/9/2021    |  |
| Content of the Wellness Policy  |                   |                    |              |             |  |
| Policy contains goals for nutrition promotion.  | X                 |                    |              | 6/9/2021    |  |
| Policy contains goals for nutrition education.  | X                 |                    |              | 6/9/2021    |  |
| Policy contains goals for physical activity.  | X                 |                    |              | 6/9/2021    |  |
| Policy contains goals for other school-based activities.  | X                 |                    |              | 6/9/2021    |  |
| Knox County Schools reviewed and considered evidence-based strategies in determining goals.   | X                 |                    |              | 6/9/2021    |  |
| Policy includes standards for all foods and beverages provided, but not sold, to students during the school day.  | X                 |                    |              | 6/9/2021    |  |
| Policy includes standards for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in Schools standards.   | X                 |                    |              | 6/9/2021    |  |
| Policy includes a description of public involvement, public updates, policy leadership, and evaluation plan.  | X                 |                    |              | 6/9/2021    |  |
| Compliance with Wellness Policy & Progress Toward Goals   |                   |                    |              |             |  |
| Commitment to Ensuring a Health Environment   |                   | T                  | T            |             |  |
| Appropriate representation of School Health Advisory<br>Council members and understanding of their role in<br>wellness policy review  | X                 |                    |              | 6/9/2021    |  |

|   | Fully in | Partially in |              |                    |
|---|----------|--------------|--------------|--------------------|
|   | Place    | Place        | Not in Place | <b>Review Date</b> |
| Commitment to Nutrition   |          |              |              |                    |
| Nutrition Standard Goals for foods and beverages sold on campus                                 | X        |              |              | 6/9/2021           |
| Nutrition Standard Goals for foods and beverages provided but not sold                          |          | X            |              | 6/9/2021           |
| Nutrition Education Goals   |          | X            |              | 6/9/2021           |
| Nutrition and Student Wellness Promotion Goals  | X        |              |              | 6/9/2021           |
| Commitment to Physical Activity   |          |              |              |                    |
| Physical Activity Goals for Elementary Schools  | X        |              |              | 6/9/2021           |
| Physical Activity Goals for Secondary Schools   |          | X            |              | 6/9/2021           |
| Assessment of Wellness Policy   |          |              |              |                    |
| The Triennial Assessment is conducted on the appropriate time schedule.                         | X        |              |              | 6/9/2021           |
| The School Health Advisory Council provides input regarding progress of attaining policy goals. | X        |              |              | 6/9/2021           |